

Fall protection anchor quarterly maintenance checklist

A quarterly fall protection anchor round is short on purpose: it catches the wear items that fail between annual services. This checklist is sized for a tech with a phone. Every item says what to look at and the photo that proves the round happened. Work is commonly verified against OSHA fall protection requirements, manufacturer's published instructions. Confirm the edition your authority having jurisdiction has adopted.

Who runs it: The competent person or facilities lead walking the roof anchors and lifeline runs, checking condition and confirming the system's certification is current before anyone ties off. When: Every quarter, and by the user before every use, since an anchor sits exposed on the roof between uses and corrosion, a loosened base or an expired certification all hide until the day someone hangs their life on it.

Anchors and bases

- ☐ Anchor points and davit bases sound and secure
- Each anchor and davit base tight to the structure, no movement, cracking or deformation, the roof penetration or flashing intact and not weeping, no rust bleeding from the connection.
- 2 photos required
- ☐ Corrosion and coating condition observed
- Steel and hardware free of section-loss corrosion, protective coating or galvanizing intact, no pitting at welds or threads that would weaken the anchor.
- 1 photo required

Lifeline and hardware

- ☐ Horizontal lifeline cable and tension observed
- Cable run continuous with no kinks, broken strands or fraying, tension and the tension indicator within the manufacturer's range, intermediate brackets secure.
- 2 photos required
- ☐ Connectors, energy absorbers and end fittings checked
- Shuttles, connectors and end fittings free of damage and moving as intended, no energy absorber already deployed, swages and thimbles sound.
- 1 photo required

Labeling and certification record

- ☐ Certification tag current and labeling legible
- System tag or label present, legible and showing a current certification date from the qualified person, capacity and user limits readable, matching the records held on the building side.
- 1 photo required